Avoid using common numeric patterns or any form of the word passwords.

Avoid using plain dictionary words.

Strong passwords should contain a combination of varying character types.

Make a password from a phrase such as “T@k0sAPR>>!<3” from “Tacos al pastor are the best!”

This video covers some tried and true methods for making a memorable password out of the required letters, numbers and special characters that will be secure and keep your information private.